

Franklin County Quilters Guild

SUGARHOUSE GAZETTE

Saint Albans, Vermont

<http://www.franklincountyquilters.org>

franklincountyquilters@gmail.com



Volume 16, Issue 7
March 2024

President

Laurel Schaap

Vice President

Bonnie Evans

Secretary

Diane Kane

Treasurer

Deb Dusablon

Newsletter

Sharon Perry

Programs

Deb Trahan

Cathy Carlson

Project Coordinator

Lucie Fortin

Membership

Penny LaRoche

Quilt Show

Helen Short

Teri Brunelle

Website

Scott Perry

Comfort Quilts Coordinator

Denise Chase

2024 Raffle Quilt

Sharon Perry & Denise Chase

2024 Charity Quilt

Laurel Schaap & Gale Weld

President's Piece

Greetings, fellow quilters. I hope you are doing well. As you know, I am out of town enjoying some warm weather. I've been spending time with some quilters from Tennessee, Ohio, and Ontario. I've enjoyed visiting a few different quilt shops, but let me tell you, none of the ones I have visited here compare to the shops we have available to us in Troy and Burlington. We are very fortunate to have the variety available to us. I want to encourage you to support the local shops as much as possible, rather than online. There's nothing like being able to touch and feel and see the fabric, books and patterns. Obviously, it's harder for a good quilt shop to thrive in rural areas.

I'm spending a lot of time sewing and really enjoying it. Since there isn't much housework to do in a camper, I don't feel guilty about spending my time at my machine. I was really inspired by the program in February by The Combat Quilter. Wow, what a lot of quilts he gets done! His enthusiasm was great, and his personal story was stirring. I was impressed by the variety of patterns he has used for the Quilts of Valor. And the Iwo Jima flag raising quilt and the others out of tiny squares are incredible. I'm so glad he found quilting and is able to share this gift.

Everyone be careful during mud season! I'll be seeing you soon. Remember to sign up for the quilt show spots and please, consider the board positions we have open. We can't have a guild without folks willing to do the work.

Piecefully,

Laurel Schaap, 2023-2024 President



2023 – 2024 Guild Calendar

September 20th Ice Cream Social
Brown Bag Exchange & Strip Poker
(Doors open at 5:30 pm; food at 6 pm)

October 13th Trunk Show
with Norma Ippolito

October 14th Quilting Workshop
with Norma Ippolito

November 15th Quilt Market Wrap-Up
with Tina de la Bruere, Owner of
Vermont Quilter's Schoolhouse

December 13th Potluck and Gift Exchange

2023 – 2024 Guild Calendar

January 17th What Makes A Quilter Tick
with David Sirota, Quilt Maven Dave

January 20th "No More Tears" Paper-
Piecing Workshop with David Sirota,
Quilt Maven Dave

February 21st Trunk Show with
Andrew Lee, The Combat Quilter

March 20th Spring Members' Demos

April 5th Quilt Show Set-Up

April 6th – 7th Quilt Show

2023 – 2024 Guild Calendar

April 19th MacDuff Bag and Jacket
Trunk Show with Janice Roy

April 20th MacDuff Bag Workshop
with Janice Roy

May 15th Pillow Talk Trunk Show
with Diane Comeau, CaDi Corners

May 18th Pillow Talk Workshop
with Diane Comeau, CaDi Corners

June 12th Trunk Sale



Franklin County Quilters Guild Wednesday, February 21, 2024

The meeting was called to order at 6:31 PM by Laurel Schaap for our online Zoom meeting.

Program: The meeting started with our program for the evening, guest speaker Andrew Lee, The Combat Quilter, from Loudon, Tennessee. Andrew is an Army veteran and is currently serving with the National Guard. Andrew presented a heart-warming trunk show. He has gifted many Quilts of Valor to veterans across the country.

Consent Agenda: A motion was made by Helen Bicknell and 2nd by Helen Short to accept both Treasurer's report and Minutes of the January 2024 meeting. No discussion. Motion carried.

Membership (Penny LaRoche): Penny reported the guild currently has 56 paid members to date. A total of 24 members were in attendance and one guest, "Zooming in" from 22 locations.

Comfort Quilts (Denise Chase):

- Denise has several quilts that need quilting, plus there are kits available to take home to make quilts. She has a lot of fabric that has been donated to the guild.
- Sharon Perry suggested having a sewing session. Bonnie Evans reminded guild members that the hospital (NWMC) has a room available on weekends. A discussion ensued about possibly organizing a sewing session after the April quilt show. Meanwhile, members are welcome to contact Denise to pick up a kit from her at her home in St. Albans.

Quilt Show (Helen Short and Teri Brunelle):

- On April 6 & 7, 2024 with set-up on Friday, April 5.
- Helen reported that posters have been put up in public places. April Walker has more posters if members need more to display. Flyers and posters have been dropped off at area businesses, plus press releases have gone out to quilt guilds in Vermont, upstate New York, and New Hampshire.
- St. Albans City Hall has been given posters to display.
- A new banner has been delivered to People's Trust Company for display. Helen is hoping that BFA-St. Albans is able to post the quilt show dates on their electronic sign in front of the school.
- Helen reported that three people have signed up to sell items at the boutique during the show. Donations of made items are welcomed for the guild to sell at the show. Denise Chase asked if donated books will be allowed to be sold in the boutique. Helen said yes, the money will go to the guild.
- Mary King asked for clarification on how the items in the boutique will be tagged. Helen said that there will be tags available to put on items, with the seller's initials and price. When the item is sold, the tag is removed; once the quilt show is done, the tags will be

totaled and the members will receive a check for the items they sold, less 10% to go to the guild.

- Penny LaRoche reported that there are 82 registered quilts, with two more to be registered. The deadline to register a quilt for the show is March 1, 2024.
- Gale Weld reported that all 5 business vendors have paid for their tables at the show.
- Shirley Babcock reported that more volunteers are needed for the show. On the guild's website, one can find the lists of volunteers, either by time and date or by last name/first name.
- Helen reminded members that students from the Northwest Career and Technical Center Building Trades Program will be volunteering to help set up the quilt show on Friday, April 5th. Quilt guild members who volunteer with set up will be able to guide the students on how to set up the poles, etc.
- Since the quilt show is happening the two days prior to the total solar eclipse (which will occur in northern Vermont), Cindy Metayer suggested that the local hotels be given posters and flyers to display. Sharon Perry will contact a local hotelier to see if there is an email list of hotels in the area; if there is, she will email the hotels with our quilt show information.

2024 Raffle Quilt (Sharon Perry and Denise Chase):

- Sharon mailed raffle tickets to members who did not have their tickets. Members are asked to sell at least two books of tickets (or 6 tickets). The tickets are 1 ticket for \$2 or 3 tickets (one book) for \$5. Sharon has collected close to \$1,000 from ticket sales to date.
- Both Penny LaRoche and Sharon Perry have met Penny's challenge of selling 99 tickets. Penny encouraged more people to meet her challenge.
- All monies from the ticket sales and the ticket stubs will be collected by Sharon. Please return your tickets and money before the quilt show.

2024 Charity Quilt (Laurel Schaap and Gale Weld):

Three charity quilts are being made this year, one by Laurel and Gale, one by Denise Chase and Helen Short, and one by Helen Bicknell and Lucie Fortin. The three charities receiving these beautiful quilts to raffle are the Enosburgh Food Shelf, The Meeting House on the Green in Fairfield, and Rock Steady Boxing in St. Albans.

Sugarhouse Gazette (Sharon Perry): The newsletter can be found online [here](#). Each newsletter comes out at least 2 weeks prior to each meeting. Items for the next newsletter are due to Sharon by February 28th, which is the last Wednesday of the month.

24 in 2024 Challenge (Sharon Perry): Sharon reminded members of the form on the website for the new 24 in 2024 Challenge. She suggested printing it and putting it next to your sewing table. Then fill out the form as you finish your 24 projects this year.



February 21 Guild Meeting Minutes (Cont.)**Block of the Month (Lucie Fortin):**

- The BOM for March is a Quilt of Valor pattern (“Disappearing Harlequin”). The pattern will be posted online on the guild’s website.
- Lucie requested members bring their completed January, February, and March BOM blocks to the March in-person meeting.

Program and Workshop Announcements for 2023-24 (Deb Trahan and Cathy Carlson):

- Deb described the March 20th meeting program: Spring Members’ Demos by four members. Deb is still looking for two more volunteers to demonstrate a quilting-related technique.
- The brown bag projects will be due at the April meeting, which will be distributed during the meeting.
- For the April program, Janice Roy will give a MacDuff Bag and Jacket Trunk Show on Friday, April 19th. The meeting will be in the Holy Trinity Church in Swanton. Janice’s MacDuff Bag workshop will be held on Saturday, April 20th, in the same location. There are two sizes for the MacDuff bag, large and mini. If you want to attend the workshop and you buy the kit for the bag (\$50 for the large bag; \$35 for the mini bag), there is no additional charge for the class (the kit includes the instructor’s fee, pattern, fabric, lining, and dowels). If you decide to not buy the kit, the cost for the workshop is \$30 (to pay for the instructor and the pattern). There is no limit to the number of people attending, but if you are interested, please contact Deb a few weeks prior to the April 20th workshop so that Janice has time to put together the kits.
- The May 15th program is Pillow Talk Trunk Show with Diane Comeau of CaDi Corners. A workshop with Diane will be on the following Saturday.
- For the June program, there will be a members’ trunk sale and pot luck dinner. Members are welcome to bring quilt-related items for sale. Sale items will stay in people’s car trunks and members will go out to the parking lot to purchase items. Funds will go to the guild.
- For additional information on the May and June programs, please see the front page of this newsletter.

Other Business:

- Helen Short was contacted by a local man whose wife passed away recently. He wanted to know if he could sell fat quarter fabric at the quilt show. Helen told him that he would not be able to, but Helen offered to go to his home in early May to help him sort through the fabric (most Keepsake Quilting brand) and possibly help him sell it.
- The Nominating Committee is still looking for next year’s President, Secretary, and Quilt Show Chair.

Helen Short volunteered to co-chair Programs with Cathy Carlson.

Drawings: Shirley Babcock won the membership door prize.

A motion was made by Jean Anne Branch to adjourn the meeting, 2nd by Sharon Perry. Motion carried, and the meeting adjourned at 8:30 PM.

Respectfully submitted,
Diane Kane, Secretary

**QUILT SHOW: 36 DAYS AND COUNTING**

The quilt show banner is hanging in front of Peoples Trust in St. Albans so the quilt show is right around the corner. Continue reading to see how you can help.

-We have the quilts!!! Thanks to everyone who has entered a quilt. Penny reports there are 104 quilt registered. With all those quilts, the City Hall auditorium will truly be ablaze with color.

-We still need help getting quilt show posters posted!!! April Walker has posters for the quilt show, and she still needs help getting them out into our communities and to quilt shops throughout Vermont and in neighboring states. Please call or email April (802-933-5149, dawalker328@gmail.com) to get some posters.

- We still need volunteers too!!! Shirley Babcock is in charge of getting volunteers for all the jobs. You can find the list of jobs still open [here](#). If you’ve already signed up for a job or two and cannot remember the specifics, you can look at this list [here](#). It is organized alphabetically by last name.

- We need your raffle tickets!!! Sharon Perry is collecting your raffle tickets and money. Please bring them to the March meeting or mailing them to Sharon.

- We need member donations to the guild boutique!!! Members can sell their items in the boutique. But if you don’t want to sell your items, you can always donate items with all proceeds going to the guild.

Quilts entered in the show need to be dropped off at the City Hall Conference Room between 10:00 am and noon on Friday, April 5th. *If you cannot deliver your quilts during that time, please give your quilts to another member or arrange with a friend or family member to deliver them before noon on Friday.*



TREASURER'S REPORT FOR MARCH 2024**FRANKLIN COUNTY QUILTERS GUILD****Treasurer's Report -- March 21, 2024**

Opening Balance \$7,512.01

Funds collected

QS Vendor	\$50.00
QS Sponsor	\$100.00
Raffle ticket sales	\$115.00

<i>Total Funds Collected</i>	\$265.00
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Subtotal \$7,777.01

Funds paid out

Sharon Perry, Postage for mailing Raffle tickets	\$13.60
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<i>Total Funds Paid Out</i>	\$13.60
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Grand Total \$7,763.41

2024 YTD Collections: \$495.00

Respectfully submitted,
Deborah L. Dusablon, Treasurer

HOW TO MAKE AND ATTACH A QUILT SLEEVE

The following links provide visual references for the proper construction of a quilt sleeve and how to attach it properly to the back of your quilt. If you've never made a quilt sleeve, check out these to see how.

http://quilting.about.com/od/decoratingwithquilts/ss/quilt_sleeve.htm

<http://www.empirequilters.net/pdf/sleeve01.pdf>

<https://www.americanquilter.com/hanging-sleeve-instructions>

<https://createwhimsy.com/projects/how-to-make-a-hanging-sleeve-for-a-quilt/>

<https://jacquelynnstevens.com/how-to-make-a-hanging-sleeve-for-a-quilt/>

QUILT TIPS

- Use a dry erase marker to temporarily mark the line you need to use on your acrylic ruler so you can see it better. When you are finished, wipe it off!
- Instead of sewing directly on the drawn line, position your needle just a hair to the right of it. When the seam is pressed open, you will find that you will have nailed it. (This works because the thickness of your fabric eats a bit into your 1/4" seam; that hair you gave took that into account.)
- Sometimes your needle might accumulate gunk from spray baste or other adhesives as you quilt or applique. Use a Q-tip dipped in alcohol or a medical prep wipe to clean it off!

MARCH MEETING**FEATURES MEMBERS' DEMONSTRATIONS**

The March meeting will feature demonstrations by guild members. Come to the meeting and learn how to make some quick projects perfect for gifts!



Happy Easter



Join in the fun and make 24 quilted projects by the end of 2024 and your name will be entered into a special drawing held in December 2024. If you'd like to participate, fill in your name and 24 projects you'd like to finish this year on the list below. This is your list...you can add to it throughout the year if need be to have 24 projects or you can remove a project, or swap out projects, etc...you just have to have ***24 Finishes in 2024*** AND you must show each project at one of the guild's monthly show and tell. You can show multiple projects in one month. You also don't have to show a project every month, you just have to have ***24 Finishes in 2024!*** You will maintain your own list, but you must let Sharon Perry know you are participating.

 Cut along dotted line

NAME: _____

1.	13.
2.	14.
3.	15.
4.	16.
5.	17.
6.	18.
7.	19.
8.	20.
9.	21.
10.	22.
11.	23.
12.	24.

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DONE DONE DONE DONE DONE DONE DONE DONE

BLOCK OF THE MONTH (BOM): DISAPPEARING HARLEQUIN BLOCK

Lucie Fortin is the project coordinator for this membership year, and she's bringing back the traditional Block of the Month (BOM) projects.

Each month Lucie will provide instructions for completing the BOM to include color choices. This month's BOM is the Disappearing Harlequin in red, white, and blue; instructions for the block can be found [here](#). Members are encouraged to make a block each month and turn it in for the BOM raffle the following month.

If you turn a block in, you get to enter your name in the BOM Drawing. You can make as many blocks as you want and enter your name a corresponding number of times. If you win all the blocks, they are yours to keep.

You can only win the blocks one time in a membership year which runs from September through June. If you win, you're asked to continue making the monthly BOM so the other winners have a similar number of blocks.



SUNSHINE CARDS FOR GUILD MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Diane Comeau, 802-310-1837. She will send out an appropriate card.



Diane	Comeau	March	8
Kathy	Katz	March	12
Laurel	Schaap	March	12
Helen	Short	March	18
John	Rouleau	March	28
Lauretta	Chalifoux	March	29
Sandy	Lane	March	29

...and many more!!!





RECIPE CORNER

CLASSIC CABBAGE ROLLS

- 1 medium head cabbage
- 1-1/2 cups chopped onion, divided
- 1 tablespoon butter
- 2 cans (14-1/2 ounces each) Italian stewed tomatoes
- 4 garlic cloves, minced
- 2 tablespoons brown sugar
- 1-1/2 teaspoons salt, divided
- 1 cup cooked rice
- 1/4 cup ketchup
- 2 tablespoons Worcestershire sauce
- 1/4 teaspoon pepper
- 1 pound lean ground beef (90% lean)
- 1/4 pound bulk Italian sausage

In a Dutch oven, cook cabbage in boiling water for 10 minutes or until outer leaves are tender; drain. Rinse in cold water; drain. Remove 8 large outer leaves (refrigerate remaining cabbage for another use); set aside.

In a large saucepan, sauté 1 cup onion in butter until tender. Add the tomatoes, garlic, brown sugar and 1/2 teaspoon salt. Simmer for 15 minutes, stirring occasionally.

Meanwhile, in a large bowl, combine the rice, ketchup, Worcestershire sauce, pepper and remaining onion and salt. Crumble beef and sausage over mixture and mix well.

Remove thick vein from cabbage leaves for easier rolling. Place about 1/2 cup meat mixture on each leaf; fold in sides. Starting at an unfolded edge, roll up leaf to completely enclose filling. Place seam side down in a skillet. Top with the sauce.

Cover and cook over medium-low heat for 1 hour. Add V8 juice if desired. Reduce heat to low; cook 20 minutes longer or until rolls are heated through and a thermometer inserted in the filling reads 160°.

PISTACHIO CAKE WITH FROSTING

- 1 (18.25 ounce) package white cake mix
- 3/4 cup vegetable oil
- 1 cup lemon-lime flavored carbonated beverage
- 3 eggs
- 2 (3 ounce) packages instant pistachio pudding mix
- 2 (1.3 ounce) envelopes whipped topping mix
- 1 1/2 cups milk

Beat cake mix, oil, soda, eggs, and first package of pudding until smooth. Pour batter into a greased 9x13-inch pan.

Bake at 325°F for 45 minutes, or cake tests done.

Beat Dream Whip, milk, and pudding until stiff; pour over cooled cake. Refrigerate.

GUINNESS, WHISKEY & IRISH CREAM CUPCAKES

For the cupcakes:

- 1 cup (230 ml) Guinness stout
- 1 cup (227 g) unsalted butter, at room temperature
- 3/4 cup (64.5 g) Dutch-process cocoa powder
- 2 cups (250 g) all-purpose flour
- 2 cups (400 g) granulated sugar
- 1 1/2 teaspoons baking soda
- 3/4 teaspoons salt
- 2 eggs
- 2/3 cup (153.33 ml) sour cream

For the whiskey ganache filling:

- 8 ounces bittersweet chocolate, finely chopped
- 2/3 cup (158.67 ml) heavy cream
- 2 tablespoons butter, at room temperature
- 2 teaspoons Irish whiskey

For the Bailey's frosting:

- 2 cups (454 g) unsalted butter, at room temperature
- 5 cups (600 g) powdered sugar
- 6 tablespoons Bailey's Irish Cream

Make the cupcakes: Preheat oven to 350 degrees F. Line two standard muffin tins with liners.

Place the Guinness and butter in a medium saucepan and bring to a simmer over medium heat. Add the cocoa powder and whisk until the mixture is smooth. Remove from the heat and cool slightly.

In a medium bowl, whisk together the flour, sugar, baking soda, and salt; set aside.

Using an electric mixer, beat the eggs and sour cream on medium speed until combined. Add the Guinness-chocolate mixture to the egg mixture and beat just to combine. Reduce the speed to low, add the flour mixture and beat just until it starts to come together, about 30 seconds. Using a rubber spatula, fold the batter until completely combined. Divide the batter among the cupcake liners.

Bake until a thin knife inserted into the center comes out clean, about 17 minutes. Cool for 5 minutes in the pan, then remove the cupcakes to a wire rack to cool completely. ***Recipe continues on Page 8...***



GUINNESS, WHISKEY & IRISH CREAM CUPCAKES**(Recipe continued from Page 7)**

Make the whiskey ganache filling: Place the chocolate in a heatproof bowl. Place the heavy cream in a small saucepan and bring to simmer over medium heat. Immediately pour it over the chocolate, then let it sit for two minutes. Using a rubber spatula, gently stir the mixture from the center outward until smooth. Add the butter and whiskey and stir until combined. Let the ganache cool until thick but still soft enough to be piped, about 30 minutes. (If it becomes too stiff, simply give it a good whisk and it will loosen up.)

Fill the cupcakes: Using a paring knife, cut the centers out of the cooled cupcakes, going about two-thirds of the way down. Using a cookie scoop or spoon, divide the prepared ganache between the centers of the cupcakes.

Make the Baileys frosting: Using the whisk attachment of a stand mixer, whip the butter on medium-high speed for 5 minutes, scraping the sides of the bowl occasionally. Reduce the speed to medium-low and gradually add the powdered sugar until all of it is incorporated. Add the Baileys, increase the speed to medium-high and whip for another 2 to 3 minutes, until it is light and fluffy.

Using your favorite decorating tip, or an offset spatula, frost the cupcakes and decorate with sprinkles, if desired. Store the cupcakes in an airtight container at room temperature for up to 4 days.

Happy



St Patrick's Day

*Champlain Valley Quilters Presents :***2024**

QUILT SHOW

"Seams Like Spring"*Friday April 26 9 - 5**Saturday April 27 9 - 5**Sunday April 28 12-4**Essex Junction, Vermont**Holy Family Parish Hall**30 Lincoln Street**Admission \$8.00 Under 12 Free**For more info & to enter a quilt**www.cvqgvt.org*

NEVER MIND, MARCH

by Annette Wynne

Never mind, March, we know
When you blow
You're not really mad
Or angry or bad;
You're only blowing the winter away
To get the world ready for April and May.

**FEATURED VIDEO TUTORIAL
FOR MARCH:**<https://www.youtube.com/watch?v=fb-DtgeOvA>

Tea & Cookies for Two March Placemats
Shabby Fabrics

**LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT**<http://www.barnquiltsfornorthernvermont.org/>

NEWSLETTER IDEAS WANTED: Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to vtquilter@gmail.com, and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

Deadline for articles for next newsletter:**Wednesday, March 27th, 2024**

Please email articles to Sharon Perry, to vtquilter@gmail.com,
or mail to PO Box 517, Montgomery Center VT 05471



*March Madness
begins...*



*"Springtime is the land awakening. The March winds
are the morning yawn." ~ Lewis Grizzard*