

Franklin County Quilters Guild

SUGARHOUSE GAZETTE

Saint Albans, Vermont



Volume 6, Issue 7
March 2015

<http://www.franklincountyquilters.org>

franklincountyquilters@gmail.com

President

Helen Short

Vice President

Kris Bachand

Secretary

Kay Benedict

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Deb Dusablont

Newsletter

Sharon Perry

Librarian

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Programs

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Peggy Paradee

Project Coordinator

Christy Mulyca

Membership

Char Mulyca

Quilt Show

Denise Chase

Dale McFeeters

Charity Quilt Coordinators

Jennifer Burt

Alyce Bushey

Denise Chase

Elaine Magnan

Gerda Thibault

President's Piece

Hello Everyone,

Last month's program on quilt appraising was inspiring. The muslin bag for quilt storage was helpful and it was great to see that Mary and Peggy quickly assimilated the proper way to fold a quilt so undue stress is not placed on the fabrics. I want to commend our program committee for securing such great programs. It's tempting to eliminate the business portion of the meeting and just have programs but without the business portion, there would be no guild.

I just realized that that this is the last President's Message for the newsletter before the Quilt Show on April 11th & 12th with set-up the afternoon of the 10th. Please remember to bring fat quarters to the March meeting to give to Gwen for the raffle's second prize. Dale is collecting items for the door prize. Diane is collecting raffle ticket money and stubs. Dale and Denise will be recruiting more volunteers to work at the show. Bonnie needs members to present quilt-related demonstrations during the show. Remember, there may be quilt show attendees that will be struck with a desire to learn how to quilt, so basic demonstrations on design, fabric selection, cutting, and chain piercing could be presented. An idea just struck me that a simple four-patch baby quilt would be a good presentation to offer. The four-patch baby quilt was how I got hooked.

I want to thank everyone's effort in putting the quilt show together. I recognize that guild members take on great responsibilities in order to produce our wonderful show. I don't want to list names for fear I will forget someone and everybody's contribution is important. Kudos to Denise and Dale who chair this monumental effort.

A conference room at NMC has been reserved for Saturday, March 21st for a group effort to make quilts for families who lose their homes to fire. There will be fabric available or you can bring your own. I will be coordinating this event. Kris Bachand has agreed to store the quilts and collect and disburse some fabrics. Bonnie spoke with Rose about quilt tops she left with her and Rose said to use them for the fire quilt effort. We need people to volunteer to quilt them. There is batting available for quilting. If anyone would like to make up a kit or two to bring on March 21st, they would be appreciated.

Keep Yourselves in Stitches,
Helen Short, 2014-2015 President

2014 – 2015 Guild Calendar

September 17th Ice Cream Social
(6:00 pm start!!!)

October 15th Scraps, Scraps & More
Scraps...It's All About the Scraps
& Stockings

November 19th Physical Therapy
with the Quilter in Mind

December 17th Holiday Potluck

January 21st Trunk Show
with Bev Cook

2014 – 2015 Guild Calendar

February 18th Quilts & Appraisals
with Sandra Palmer

March 1st DEADLINE FOR QUILT
SHOW ENTRIES

*March 18th "Woman vs. Machine"
Trunk Show with Carolyn Babcock
(ALL by hand) and 5 "Machines"
(ALL by machine) See page 7
(Doors open at 6:00 pm...
Meeting starts at 7:00 pm!!!)*

2014 -2015 Guild Calendar

April 10th Quilt Show Setup

April 11th & 12th Quilt Show

April 15th Demo & Shopping
with Sunny Laurel Sisters

May 20th Trunk Show with
Richard Cleveland

June 17th Potluck &
Teacup Auction (6:00 pm start!!!)

FRANKLIN COUNTY QUILTERS GUILD

Minutes of February 18, 2015

Present: Total attended 44. One new member: Teri Brunelle. Three guests: Ann Pitt; Diane Kane; and Sandra Palmer.

Meeting called to order at 7:00 p.m. by Helen Short, President

Secretary's Report for January meeting: Motion to accept by Dale McFeeters, seconded by Carolyn Kittell; motion carried.

Treasurer's Report for February (date corrected to read February 18): Motion to accept by Donna Blouin, seconded by Sally Krupp; motion carried.

Quilt Show

- Posters and flyers were distributed, and members were asked to sign up businesses where they planned to put posters.
- Rita Dean, Rita's husband, Denise Chase's husband, and Deb Dusablon's husband have volunteered to pick up the poles. A few more guys would be helpful for setup.
- We are trying to get permission to put our banner on the fence near Walker's, since the cost of hanging it on Main Street has become too high. We're also thinking of an additional location for one of our sandwich boards, since we now have two boards.
- Carolyn Kittell is collecting items for the door prize basket, and Gwen Guyette is collecting for the basket of fat quarters.
- Bonnie Evans has scheduled a few demos for the show, and is looking for volunteers to do a few more.
- Diane Forey is collecting raffle tickets and money in envelopes labeled with guild members' names. Please bring to the March meeting.
- Volunteers to make soup: Rose Rixon and Sharon Perry for Saturday; Deb Dusablon and Priscilla Tiralla for Sunday. Volunteers to make dessert bars: Jan Crane, Helen Short, and Teri Brunelle for Saturday; Gwen Guyette, Connie Lane, and Rolande Fortin for Sunday.
- 97 quilts have been registered for the show, with six more entries handed in during the meeting. Deadline for ALL forms and photos is March 1. Miniature category has been expanded to include any small quilt no larger than 24" x 24", even if miniature scale/techniques were not used.

Programs

Plans for Pamela Druhen's program, currently scheduled for Wednesday, April 15, were discussed. Helen Short will check with Holy Trinity in Swanton to see if their parish hall might be available for a trunk show on Friday evening, April 17 and a workshop on Saturday, April 18. *(After the meeting, it was decided, due to several issues, to keep things as already scheduled.)*

Drawings

- Door Prize: Carol Mahoney
- Charity Quilts: Kris Bachand
- Block of the Month: Sue McGregor and Rolande Fortin

Projects

- Block of the Month - 22 pink and white blocks were turned in. The March block is the Dewey Dream Quilt Block, and will be green (grass, bright) and white. Instructions were distributed, and can also be found on quilterscache.com

Fire Quilts

We've exhausted our supply of quilts to donate to families whose homes have burned. Helen Short offered a quilt top made by Roseanne Terrill; Rita Dean volunteered to long-arm it. Alyce Bushey offered an Irene quilt. Helen Short will plan a quilting bee to make more. Kris Bachand will collect any quilts donated for this cause.

Other New Business

Alyce Bushey has reserved the following dates for sewing at the hospital: February 22, March 1, and March 8. The conference room is reserved from 10am until 5pm.

Program

Sandra Palmer talked about appraisals and showed quilts from her collection. She also discussed a few quilts brought by guild members.

Show and Tell

Next meeting - Wednesday, March 18, 2015 at 7:00 p.m. The program will be presented by Carolyn Babcock and Bonnie Evans on handwork vs machine work. There will be drawings for great prizes!

Meeting adjourned at 9:05 p.m.

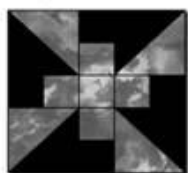
Minutes submitted by Kay Benedict,
Acting Secretary

FCQG Projects 2014-2015 Block of the Month

It's a Two-Color themed year!

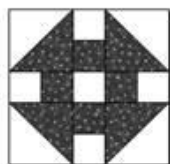
All the blocks are 10" finished and can be found at www.quilterscache.com.
So here is a little excitement to know the patterns, but you have to wait for each month to find out what color the month will bring! ☺

Broken Arrows



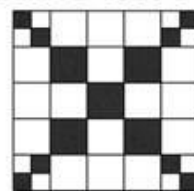
Hand out in Sep,
due at Oct meeting

Double Wrench



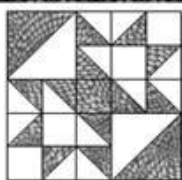
Hand out in Oct,
Due at Nov meeting

Single Chain and Knot



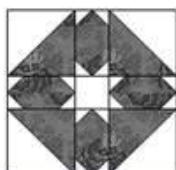
Hand out in Nov
due at Dec mtg

Queen Charlotte's Crown



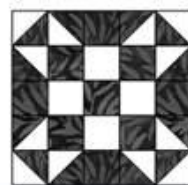
Hand out in Dec
due at Jan meeting

Goshen Star



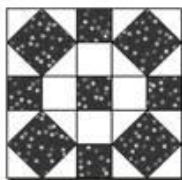
Hand out in Jan,
due at Feb meeting

Dewey Dream Quilt



Hand out in Feb,
due at Mar meeting

Home Circle



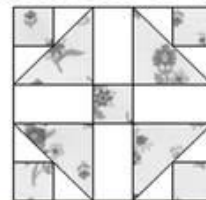
Hand out in Mar,
due at Apr meeting

Domino



Hand out in Apr,
due at May mtg

Grandmother's Choice



Hand out in May,
due at Jun meeting

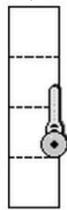
The pattern for the **TEN INCH BLOCK** can be found at:
<http://www.quilterscache.com/D/DeweyDreamQuiltBlock.html>

** Supplies List **

- Color 1** Color 1 needs: one 2-1/2" x 22-1/2" strip AND one 2-7/8" x 17-1/4" strip
- Color 2** Color 2 needs: one 2-1/2" x 10" strip AND one 2-7/8" x 17-1/4" strip

** Preparing the Pieces and Sewing the Block **

Start by cutting the Color 1 2-1/2" x 22-1/2" strip into nine 2-1/2" squares...

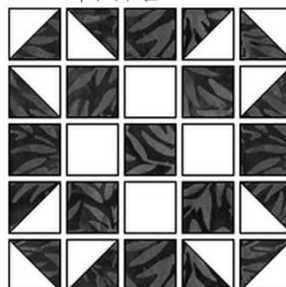


Next cut the Color 2 2-1/2" x 10" strip into four 2-1/2" squares...

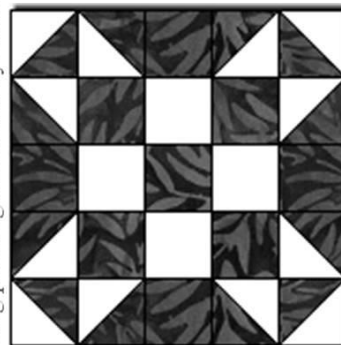
Now speed piece the half squares, by stacking the Color 1 and Color 2 2-7/8" x 17-1/4" strips, right sides together and all edges aligned. On the back of the top strip, lightly mark the 2-7/8" square lines and mark the diagonals in the direction shown at left. Now sew a scant 1/4" above and below the marked diagonals, pivoting at the square lines.



Now cut apart on the marked diagonals, and on the 2-7/8" square lines. This will give you twelve half squares. Press seam allowances towards the darker fabric. Trim these back to measure 2-1/2" if needed...



Now lay out all your squares and half squares as shown at left. Sew these into five horizontal rows, alternating pressing directions by row. Sew the rows together and you are done!



Christy's Tip ~ Measure, measure, measure.

Cut your HST fabrics at least 3" or bigger instead of 2-7/8" and then trim down after you've sewn them for better accuracy.

FCQG BOM March 2015

It's a Two-Color themed year!

The February colors are **GREEN & WHITE**
 Think spring green, fresh cut grass green, BRIGHT
 green that reads solid.

White should be tone on tone or solid.

This month's pattern is

Dewey Dream Quilt

It will be handed out at the February meeting,
 returned at the March meeting.

Questions? Visit our FB page at
www.facebook.com/groups/FCQGV
 or email Christy at ArmyBratQuilts@gmail.com

There is a setting idea on the pattern website too.



TREASURER'S REPORT FOR MARCH 2015**FRANKLIN COUNTY QUILTER'S GUILD****Treasurer's Report -- March 18, 2015**

Opening Balance	\$3,521.81
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Funds collected

Membership	\$15.00
Raffle ticket sales	\$30.00
Cincinnati insurance overpayment	\$50.00

<i>Total Funds Collected</i>	\$95.00
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<i>Sub-Total</i>	\$3,616.81
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Funds paid out

Church of the Rock, Mar rent	\$40.00
Gerald Perry, Room set-up for Mar	\$35.00
Sandra Palmer, Presentation	\$100.00
Alyce Bushey, Charity quilt batting	\$53.49
Diane Forey, QS raffle ticket postage for mailing	\$16.80
Sharon Perry, FCQG Website hosting & domain	\$57.00
Carolyn Kittell, QS postage for mailing posters	\$31.87
CVQG, QS 2015 pole rental	\$200.00

<i>Total Funds Paid Out</i>	\$534.16
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Grand Total	\$3,082.65
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2015 YTD Collections: \$327.00

Respectfully submitted,
Deborah L. Dusablon, Treasurer

**VISIT THE FRANKLIN COUNTY BARN QUILT TRAIL
ON THE GUILD'S WEBSITE AT**

<http://www.franklincountyquilters.org/fcbqt/index.html>

Deadline for articles for next newsletter:

Wednesday, March 25th, 2015

Please email articles to Sharon Perry, vtquilter@gmail.com, or mail to PO Box 517, Montgomery Center VT 05471



A BIG THANK YOU FOR DONATED MONTHLY PRIZES

To all the businesses which have donated prizes for the monthly drawings...T-H-A-N-K Y-O-U!!!

September

Gail Perras won the monthly door prize drawing,
a gift certificate donated by Nancy's Notions.
Helen Short won the monthly charity quilt drawing,
a chocolate gift basket donated by Hannaford.

October

Gwen Guyette won the monthly door prize drawing
a gift certificate donated by the Traveled Cup.
Kris Bachand won the monthly charity quilt drawing,
a Jelly Roll donated by Creative Fiber Designs.

November

Alyce Bushey won the monthly door prize drawing,
a gift certificate for machine quilting donated by Bev Cook.
Carol Mahoney won the monthly charity quilt drawing,
a gift certificate for 1-hr massage with Beth Wright
donated by the Wellness Center.

A BIG THANK YOU (Cont.)

December

Dale McFeeters won the monthly door prize drawing,
a gift certificate for a large pizza donated by Mimmo's.
Bonnie Evans won a monthly charity quilt drawing,
a gift certificate from the Sunny Laurel Sisters.
Adrienne Perrino won a monthly charity quilt drawing,
a gift certificate from Betty's Flower Shop.

January

Connie Lane won the monthly door prize drawing,
a \$20 gift certificate donated by Linda's Restaurant.
Mary Jane Marchelewicz won the monthly charity quilt
drawing, a gift certificate donated by Quilts & Treasures,
East Longmeadow, MA.

February

Carol Mahoney won the monthly door prize drawing,
a gift certificate donated by The Traveled Cup.
Kris Bachand won the monthly charity quilt drawing,
FQ Bundle donated by Missouri Star Quilt Company,
Hamilton, MO.



GUILD QUILTING BEE ON MARCH 21ST

CELEBRATE National Quilting Day on Saturday, March 21st,
by joining a quilting bee with other FCQG members to make quilts
for families who lose their homes to fire. Helen Short has reserved a
conference room at NMC for the quilting bee. There will be fabric
available or you can bring your own. If you're not out on the shop
hop, come join the group and make some quilts to brighten the lives
of our neighbors who potentially have lost everything.



QUILT SHOW: 30 DAYS AND COUNTING

The 2015 Quilt Show is 1 month away, and planning continues behind the scenes. While quilt registration for the quilt show is now closed, Kay Benedict reports we have a grand total of 118 quilts registered! The breakdown is: 35 bed quilts; 35 lap/crib quilts; 25 wallhangings; 15 challenge quilt; and 8 small/miniature quilts. Kay goes on to say, "City Hall will be filled! Thanks to one and all for getting your entries in before the last minute." Now that we have plenty of quilts, there's still many more ways you can help.

- We need donations!!! The **Teacup Auction** needs more items for the Auction table. Table runners/toppers, matching placemats and napkins, bags and totes, wallhangings, gift baskets, and quilt kits have all been popular sellers in the past. If you have an item to donate, bring it to a meeting and give it to Sally Krupp. We also need **fat quarters** for the basket of FQs as a prize for the

raffle. If you have any fat quarters, please give them to Gwen Guyette at the meeting. And we need donations for the **door prize**...tea, lotions, coffee, maple syrup, etc.

- We need volunteers!!! We need guild members to **demo** quilting techniques during the show. If you have a demo you'd like to do, contact Bonnie Evans. And we need lots of volunteers to help with **set-up** on Friday, manning the tables and doors during the show, doing **white-glove** duty and **take down** on Sunday. Sign up with Bonnie!!!

- We need your raffle tickets!!! Diane Forey asks that each member return the raffle tickets and money for the tickets in an envelope with the member's name written on the outside. Diane wants to be sure to properly credit the returned tickets. As a reminder, each member is required to sell (or buy) two books of raffle tickets to remain a member in good standing.

The success of the guild's quilt show truly depends on the help of many volunteers. There are plenty of jobs available, so please be sure to sign up for a job (or jobs) which fit your schedule and physical abilities. See Bonnie Evans at the March meeting to sign up.



MARCH MEETING TO FEATURE WOMAN VS. MACHINE TRUNK SHOW

Carolyn Babcock, a Vermont quilter, will represent the "Woman" and five quilters (Denise Chase, Dale McFeeters,

Char Mulyca, Christy Mulyca, and Sharon Perry) will represent the "Machine" in a trunk show of quilts made entirely by hand and quilts made entirely by machine. The one "Woman" is a formidable "opponent" as it will take 5 "Machines" to challenge her.

While the trunk show has been billed as a competition, the true winners for the evening will be the audience as we are able to see some of the wonderful creations made by these talented women.

QUILTING IS GOOD FOR YOUR HEALTH

Over the past few months, several members have forwarded articles about quilting or knitting and your health. It turns out both have been found to be good for you and your well-being. Rather than rehashing the articles, here are a few links to those articles.

<https://www.yahoo.com/makers/ditch-the-prozac-take-up-crafting-108671160605.html>

<http://www.dailymail.co.uk/health/article-2002862/Why-quilting-uniquely-good-us.html>

<http://ezinearticles.com/?Surprising-Health-Benefits-of-Quilting&id=8297639>

RECIPE CORNER:

Creamy Curried Cauliflower Soup (Serves 6-8)

2 tablespoons extra-virgin olive oil, plus more to serve

2 medium white onions, thinly sliced

½ teaspoon kosher salt, plus more to season

4 cloves garlic, minced

1 large head of cauliflower (about 2 pounds), trimmed and cut into florets

4 ½ cups low-sodium vegetable broth (or water)

½ teaspoon coriander

½ teaspoon turmeric

1 ¼ teaspoon cumin

1 cup coconut milk

Freshly-ground black pepper, to season

¼ cup roasted cashew halves, for garnish (optional)

red chili pepper flakes, for garnish (optional)

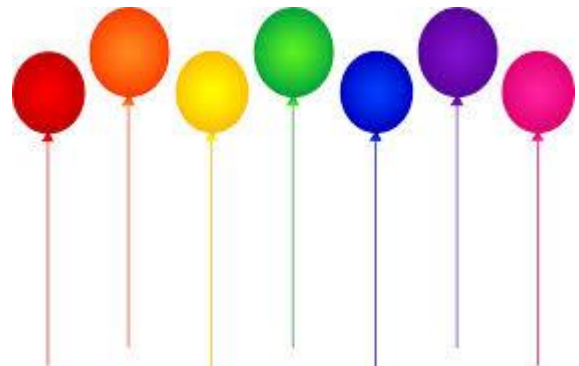
Heat oil in a large pot over medium heat. Cook the onions and ¼ teaspoon salt until onions are soft and

translucent, about 8-9 minutes. Reduce heat to low, add garlic; cook for 2 additional minutes. Add cauliflower, vegetable broth, coriander, turmeric, cumin, and remaining ¼ teaspoon salt. Bring pot to a boil over medium-high heat, then reduce the heat to low. Simmer until cauliflower is fork-tender, about 15-17 minutes.

Working in batches, purée the soup in a blender until smooth, and then return the soup to the soup pot. (Alternatively, use an immersion blender to purée the soup right in the pot.) Stir in the coconut milk and warm the soup. Taste and add more salt, pepper or spices if you'd like.

To serve, ladle the soup into favorite bowls and garnish with a handful of toasted cashews, a sprinkle of red chili flakes, and a dash of olive oil to top.

Recipe Notes: To toast the cashews, preheat the oven to 350°F and lay cashews out on a baking sheet in a nice flat layer. Toast for 5-6 minutes, until fragrant.



**HAPPY
BIRTHDAY**

March 18th

March 19th

March 24th

March 27th

March 29th

Helen Short

Nancy Orcutt

Cleone Pigeon

Diane Forey

Christy Mulyca

...and many more!!!

FEATURED ONLINE TUTORIAL: INTERSECTION OR T-BLOCK QUILT

From Missouri Star Quilt Company

<https://www.youtube.com/watch?v=zSVORYIQtBA>

AROUND THE WEB: FREE PATTERNS FOR MARCH

Ireland Block of the Month:

http://www.mccallsquilting.com/mccallsquilting/articles/Free_Ireland_Quilt_Block_of_the_Month_Patterns

Easter Bunny Treat Bags: <http://www.lazygirldesigns.com/sew-lazy-interfacing/face-it-soft/bunny-treat-bags-for-easter-and-more>

Honey Bunny: http://dontlooknow.typepad.com/dont_look_now/2009/04/and-the-winners-are-plus-a-little-something-for-everyone.html

Bunny Cookies: <http://www.pillsbury.com/everyday-eats/desserts/cookies-bars/bunny-butt-cookies-how-to> (even though it's not a quilt pattern, I couldn't resist including this one)

Bunny Dreams Table Runner: <http://www.sewwequilt.com/2012/03/its-month-of-runners-and-look-what.html>

Amish Tulips for Spring Wallhanging: <https://www.simplicity.com/EzquiltPatternImages/tulip/tulip.htm>

Don't forget to bring:
- FQ donations for raffle prize
- Door prize donations for quilt show
- Teachup donations
- BOM blocks
- Items for Show & Tell & UFO Challenge

Franklin County Quilters Guild
c/o Sharon Perry
PO Box 517
Montgomery Ctr VT 05471

