

# Franklin County Quilters Guild

## SUGARHOUSE GAZETTE

### Saint Albans, Vermont

<http://www.franklincountyquilters.org>

[franklincountyquilters@gmail.com](mailto:franklincountyquilters@gmail.com)



Volume 16, Issue 9  
May 2024

#### President

Laurel Schaap

#### Vice President

Bonnie Evans

#### Secretary

Diane Kane

#### Treasurer

Deb Dusablom

#### Newsletter

Sharon Perry

#### Programs

Deb Trahan

Cathy Carlson

#### Project Coordinator

Lucie Fortin

#### Membership

Penny LaRochelle

#### Quilt Show

Helen Short

Teri Brunelle

#### Website

Scott Perry

#### Comfort Quilts Coordinator

Denise Chase

#### 2024 Raffle Quilt

Sharon Perry & Denise Chase

#### 2024 Charity Quilt

Laurel Schaap & Gale Weld

#### President's Piece

What brings you joy? As a member of the guild, I'm going to assume that one answer is quilting. Beyond that, there are many more answers. Family is one of the things that bring joy for many. Some of my friends enjoy gardening. In fact, I regularly "lose" a quilting buddy for the summer when she's too busy to quilt because she's in her garden. Another friend will go out early in the morning to look for birds. She finds joy in the hunt and in the peacefulness of nature.

It occurs to me that joy often comes at a cost. The birder has left a warm bed and endures cold or damp conditions. My gardener friend is sometimes bitten by bugs and has a sore back. Every family has challenging members. (Let me tell you about my brother in law....!) And of course quilting challenges are something we all know. The seams don't match or we run out of the one fabric we need to finish that project!

BUT! We've learned that the joy is worth it. The matched seam, the lovely finished quilt. The abundance of tasty tomatoes. The satisfaction of the unusual bird that others never notice.

The Quilt Guild is also a joy. Are there challenges? Yes, of course. A group of very different people from different backgrounds, religions, and political viewpoints get together to share our joy and pleasure in quilting. We put these things aside to meld into a group. Actually, meld is the wrong word. We're more like a salad. The sweet, the savory, the spicy and even a little bit of dill come together to make a delicious concoction.

Congratulations to everyone on another wonderful successful quilt show. I've heard some great feedback, and I think we're doing a good job of fulfilling our goals of education and community service. Thanks so much to Helen and Teri and the whole committee for many hours of hard work to make it happen

Piecefully,  
Laurel Schaap, 2023-2024 President



#### 2023 – 2024 Guild Calendar

September 20<sup>th</sup> Ice Cream Social  
Brown Bag Exchange & Strip Poker  
(Doors open at 5:30 pm; food at 6 pm)  
October 13<sup>th</sup> Trunk Show  
with Norma Ippolito  
October 14<sup>th</sup> Quilting Workshop  
with Norma Ippolito  
November 15<sup>th</sup> Quilt Market Wrap-Up  
with Tina de la Bruere, Owner of  
Vermont Quilter's Schoolhouse  
December 13<sup>th</sup> Potluck and Gift Exchange

#### 2023 – 2024 Guild Calendar

January 17<sup>th</sup> What Makes A Quilter Tick  
with David Sirota, Quilt Maven Dave  
January 20<sup>th</sup> "No More Tears" Paper-  
Piecing Workshop with David Sirota,  
Quilt Maven Dave  
February 21<sup>st</sup> Trunk Show with  
Andrew Lee, The Combat Quilter  
March 20<sup>th</sup> Spring Members' Demos  
April 5<sup>th</sup> Quilt Show Set-Up  
April 6<sup>th</sup> – 7<sup>th</sup> Quilt Show

#### 2023 – 2024 Guild Calendar

April 19<sup>th</sup> MacDuff Bag and Jacket  
Trunk Show with Janice Roy at NMC  
April 20<sup>th</sup> MacDuff Bag Workshop  
with Janice Roy at NMC  
***May 15<sup>th</sup> Pillow Talk Trunk Show  
with Diane Comeau, CaDi Corners***  
***May 18<sup>th</sup> It's a Wrap! Workshop  
with Diane Comeau, CaDi Corners***  
June 12<sup>th</sup> Trunk Sale

**Franklin County Quilters Guild  
Friday, April 19, 2024**

The meeting was called to order at 6:30 PM by Laurel Schaap for our monthly in-person meeting.

**Consent Agenda:** A motion was made by Beth Brault and 2nd by John Rouleau to accept both Treasurer's report and Minutes of the March meeting. No discussion. Motion carried.

**Chair Reports:**

**Membership (Penny LaRochelle):** Deb Trahan spoke on behalf of Penny and reported a total of 26 members were in attendance. Two guests and two new members.

**Comfort Quilts (Denise Chase):**

- Denise mentioned she has quilt kits for people to pick up at her home in St. Albans. Some kits are for piecing, some for quilting only. She added that you should sign them out and upon return provide your name so that she can keep track of the kits.
- Denise again shared information she received from a coordinator for Habitat for Humanity. She did not have specifics, but that quilts are needed for families who are new homeowners in Franklin County. Denise will call out for support in making these quilts.

**Quilt Show (Helen Short and Teri Brunelle):** The quilt show wrap-up will be reported during the May meeting.

**2024 Charity Quilt (Laurel Schaap and Gale Weld):**

- Three charity quilts were made this year, one by Laurel and Gale, one by Denise Chase and Helen Short, and one by Helen Bicknell and Lucie Fortin.
- The three charities receiving these beautiful quilts to raffle are the Enosburgh Food Shelf, The Meeting House on the Green in Fairfield, and Rock Steady Boxing in St. Albans.
- Presentations to the organization recipients will be made at the May meeting.

**Sugarhouse Gazette (Sharon Perry):** The newsletter can be found online [here](#). Each newsletter comes out at least 2 weeks before each meeting. Items for the next newsletter are due to Sharon by April 24th, which is the last Wednesday of the month.

**24 in 2024 Challenge (Sharon Perry):** There is a form on the website and in the newsletter for the 24 in 2024 challenge. This challenge is for more than members' UFO's, it can be for all types of sewing projects.

**Block of the Month (Lucie Fortin):** Lucie was unable to attend the meeting and demonstrate this month's pattern. The link for directions to the blocks of the month is under "Projects" on the FCQG website and can be found [here](#).

**Program and workshop announcements for 2023-24 (Deb Trahan and Cathy Carlson):**

- Deb announced the April program. Janice Roy will be giving a MacDuff Bag and Jacket Trunk Show. Janice's MacDuff Bag workshop will be held on Saturday, April 20th at 9:30 AM and located at the Northwestern Medical Center conference room. Spots are still available.
- The May program will be held on Wednesday, May 15<sup>th</sup>, and is titled Pillow Talk Trunk Show with Diane Comeau

of CaDi Corners. Location of this meeting is the Church of the Rock. Diane will be organizing an informal "sew-in" on Saturday, May 18th. Location will be the Northwestern Medical Center conference room.

- The June program will be a members' trunk sale. Members are welcome to bring quilt-related items for sale. Sale items will stay in your car trunks and members will go out to the parking lot to purchase items. Funds will go to the guild. There will not be a pot-luck during this meeting, but rather an ice cream treat to end 2023-2024 guild programs!
- Deb and Cathy had distributed completed "brown bags" to assigned members. Each recipient got up and presented to the group what was made for them. And the crowd went wild!
- **Please bring your brown bag for exchange during the May meeting if you were absent during the April exchange.**

**Other Business:**

- The nominating committee will report at the May membership meeting.
- Helen Short will be bringing fat quarters for sale during the May meeting on behalf of a gentleman who lost his wife (a quilter) and was left with a lot of fabric.

**Program:** Janice Roy showed many examples of the MacDuff bag and the MiniDuff bag. She also shared many of her quilted jackets. Janice has developed her own pattern for making a quilted jacket.

**Drawings:**

- Nancy Pecor won the membership door prize.
- Laurretta Chalifoux won the comfort quilt door prize.
- Sarah Reed was the winner of the block of the month's blocks brought in by members.
- Congratulations to the winners!

A motion was made by Sharon Perry to adjourn the meeting, 2nd by Denise Chase. Motion carried, and the meeting adjourned at 7:55 PM.

Respectfully submitted,  
by Gale Weld for Diane Kane, Secretary



**TREASURER'S REPORT FOR MAY 2024****FRANKLIN COUNTY QUILTERS GUILD****Treasurer's Report -- May 19, 2024**

<b>Opening Balance</b>		<b>\$8,257.08</b>
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## Funds collected

Raffle tickets (pre QS)	\$440.00
Raffle tickets (at QS)	\$1,191.00
Vendor	\$50.00
Boutique	\$3,125.05
Donations	\$596.00
April workshop	\$307.00

<i>Total Funds Collected</i>	<u>\$5,709.05</u>
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<i>Subtotal</i>	\$13,966.13
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## Funds paid out

Nanc Ekiert, 30 yards, 108" backing fabric	\$256.80
Helen Short, QS misc supplies, 9 gift cards for gas	\$274.17
Teri Brunelle, QS donuts, bags, gift card for gas	\$87.29
Jean Anne Branch, QS Boutique reimbursement	\$72.00
Teri Brunelle, QS Boutique reimbursement	\$693.00
Bonnie Evans, QS Boutique reimbursement	\$364.50
Diane Kane, QS Boutique reimbursement	\$125.10
Penny LaRoche, QS Boutique reimbursement	\$162.00
Cindy Metayer, QS Boutique reimbursement	\$103.50
Claudia Moeykens, QS Boutique reimbursement	\$242.10
Peggy Paradee, QS Boutique reimbursement	\$553.50
Helen Short, QS Boutique reimbursement	\$19.80
April Walker, QS Boutique reimbursement	\$2.70
Deb Trahan, Gift cards for April presenter (4)	\$100.00
Janice Roy, April McDuff bag workshop	\$713.98

<i>Total Funds Paid Out</i>	<u>\$3,770.44</u>
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<b>Grand Total</b>	<b>\$10,195.69</b>
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2024 YTD Collections: \$6,844.05

Respectfully submitted,  
Deborah L. Dusablon, Treasurer



## MAY MEETING FEATURES TRUNK SHOW WITH DIANE COMEAU, CADI CORNERS LLC

Guild member, Diane Comeau, will be doing a trunk show at the May meeting showing ways to “amp” up your household décor with quick and easy throw pillows and other ideas. Diane will conduct a **workshop on Saturday, May 18<sup>th</sup>, at the NMC Conference Room** called “It’s a Wrap!” Information for Diane’s workshop can be found [here](#).

### MONTHLY MEETING FORMAT

Unless otherwise noted, the monthly guild meeting will follow the following format.

6:00 pm	Doors open Sign in at membership table Sign up for monthly drawing Sign up for BOM raffle if you made one Sign up for comfort quilt drawing if you made a comfort quilt
6:30 pm	Business Meeting Show and Tell Short Break as appropriate Program for the evening



## BARN QUILT EXHIBIT AT BILLINGS FARM & MUSEUM FEATURES FCQG’S OWN

Billings Farm & Museum is bringing the rural artistry of barn quilts to its scenic site from April 4 – December 1, 2024. Collaborating with Vermont artists as well as artisans from the Chelsea Barn Quilt Project and the Franklin County Barn Quilt Trail who have been working to highlight barn quilts in Vermont, each space will host a uniquely crafted piece inspired by nature, math, agriculture, and the history of the Billings Farm site.

The guild’s own, Sharon Perry, is one of the featured barn quilt artists at this exhibit. For her barn quilt, she has painted 4 maple leaf blocks set on point. The center of the 4 blocks features the stylized face of a Holstein cow affectionately called Bessie. The formal name of Sharon’s submission is “Moo-nlight in Vermont.”



*Happy May Day*



*Happy May Day*

## TIPS FOR CHOOSING A COLOR PALETTE

- Start with a photo that you love, whether it’s one you’ve taken or one you’ve seen online. These photos can be from your vacations, from magazines or advertisements, or artwork. If you find yourself drawn to a particular image because of the color palette, try pulling together fabrics that are similar?
- Use a multicolor fabric print to pull together colors. Whether you plan to use the particular print in your quilt or simply use it for color inspiration, it’s a great way to get started. When the fabric was created, the designer already did the work of creating a color palette for you! Use the colors from the fabric to pull a palette of your own.
- Look at the selvage of the fabric for a color palette. If you aren’t familiar with fabric selvages, take a look along the bottom edge of fabric. You’ll usually see the name of the fabric line, the fabric designer’s name, and some color dots. The color dots are each individual ink color used in the fabric printing process. If the fabric has more than one color, you’ll see the color dots, which you can use to help pull together a palette.
- Dive into color theory. You might remember learning about color theory when you were in school, and that theory hasn’t changed no matter how long ago you learned it! There are a lot of great resources for learning color theory, including using a color wheel or reading books on the topic. Color theory is a very specific way of learning about color, but if you need a little help getting started, it can be an excellent resource. Now let’s look at tips for mixing and matching fabrics to make a beautiful quilt.
- Once you’ve figured out a color palette you want to use, think about the scale of the prints in your project. In order to create a nice visual push and pull, it’s great to have a range of large, medium, and small prints. This will add nice texture and movement to your quilt. If you’re averse to large prints, try adding a small stripe or floral. Sometimes even a small print can make an impact against tone-on-tones. (There are a few exceptions to this rule. If you’re making a quilt that is all solids, obviously this rule doesn’t apply. If you’re making a quilt with small pieces, choosing a large-scale print can overwhelm the small blocks.)







**BLOCK OF THE MONTH (BOM): DISAPPEARING HALF SQUARE TRIANGLE BLOCK**

Lucie Fortin is the project coordinator for this membership year, and she's bringing back the traditional Block of the Month (BOM) projects.

Each month Lucie will provide instructions for completing the BOM to include color choices. This month's BOM is the Double Disappearing 9-Patch Block in yellow and grays; instructions for the block can be found [here](#). Members are encouraged to make a block each month and turn it in for the BOM raffle the following month.

If you turn a block in, you get to enter your name in the BOM Drawing. You can make as many blocks as you want and enter your name a corresponding number of times. If you win all the blocks, they are yours to keep.

You can only win the blocks one time in a membership year which runs from September through June. If you win, you're asked to continue making the monthly BOM so the other winners have a similar number of blocks.



**SUNSHINE CARDS FOR GUILD MEMBERS**

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Diane Comeau, 802-310-1837. She will send out an appropriate card.

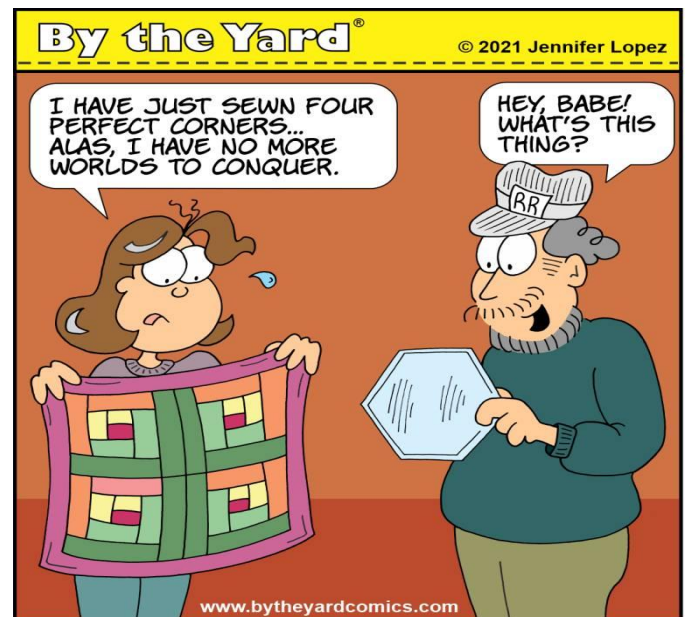


NATIONAL  
**Barbecue**  
MONTH



Shirley	Babcock	May	3
Rolande	Fortin	May	19
Kay	Courson	May	20
Pat	Reed	May	21
Connie	Lane	May	30
Jennifer	Thompson	May	31

*...and many more!!!*





# RECIPE CORNER

## TORTELLINI SALAD

18 ounces cheese tortellini  
Homemade Italian dressing (recipe below)  
2 cups halved cherry tomatoes  
1 14-ounce can artichoke hearts, drained and chopped  
1 cup cooked white beans, drained and rinsed  
½ cup thinly sliced red onion  
5 pepperoncini, stemmed and chopped  
2 cups fresh arugula  
1 cup fresh basil, torn, plus more for garnish  
Parmesan or pecorino cheese, optional  
Red pepper flakes, optional

Cook the tortellini according to the package directions until al dente. Drain and let cool.

In a large bowl, combine the tortellini, tomatoes, artichokes, beans, onion, pepperoncini, and the dressing and toss to combine. Add the arugula and basil and toss again.

Season to taste, and add Parmesan and red pepper flakes, if desired. Garnish with more fresh basil. Serve right away or store in the fridge for up to 4 days.

## HOMEMADE ITALIAN DRESSING

¼ cup extra-virgin olive oil  
2 tablespoons white wine vinegar  
2 tablespoons lemon juice  
1 tablespoon finely chopped fresh parsley  
1 teaspoon honey or maple syrup  
1 teaspoon dried oregano  
1 garlic clove, grated  
½ teaspoon Dijon mustard  
½ teaspoon thyme  
¼ teaspoon sea salt  
Freshly ground black pepper  
2 tablespoons Parmesan cheese, optional

In a small bowl, whisk together the oil, vinegar, lemon juice, parsley, honey (or maple syrup), oregano, garlic, mustard, thyme, salt, and pepper.

## GREEK SALAD

Dressing:

¼ cup extra-virgin olive oil  
3 tablespoons red wine vinegar  
1 garlic clove, minced  
½ teaspoon dried oregano, more for sprinkling  
¼ teaspoon Dijon mustard  
¼ teaspoon sea salt  
Freshly ground black pepper

Salad:

1 English cucumber, sliced ¼-inch thick  
1 green bell pepper, chopped into 1-inch pieces  
2 cups halved cherry tomatoes  
5 ounces feta cheese, cut into ½ inch cubes\*  
⅓ cup thinly sliced red onion  
⅓ cup pitted Kalamata olives  
⅓ cup fresh mint leaves

Make the dressing: In a small bowl, whisk together the olive oil, vinegar, garlic, oregano, mustard, salt, and several grinds of pepper.

On a large platter, arrange the cucumber, green pepper, cherry tomatoes, feta cheese, red onions, and olives. Drizzle with the dressing and very gently toss. Sprinkle with a few generous pinches of oregano and top with the mint leaves. Season to taste and serve.

Notes:

\*Feta in brine is best for this recipe.

## CLASSIC CHICKEN SALAD

2 cups cooked chicken chopped or shredded  
½ cup mayonnaise  
1 rib celery, finely diced and chopped  
1 green onion, thinly sliced (or chives or finely diced red onion)  
1 teaspoon Dijon mustard  
½ teaspoon seasoned salt  
⅛ teaspoon black pepper or to taste  
1 teaspoon chopped fresh dill optional

Add all ingredients to a medium bowl. Mix well to combine.

Taste and season with additional salt and pepper if desired. Serve as a sandwich or over salad.

## CRUMB SAUCE FOR STEAMED ASPARAGUS

from John Rouleau

2 tablespoons (28 g) butter  
1.5 tablespoons (5g) chopped fresh chives  
1 stack pack (14 crackers) of Ritz Crackers

Add butter to a small frying pan on medium heat.

While the butter is heating crush crackers down to small crumbs – coriander to dry pea range.

Sauté crumbs in butter until they look a little toasted.

Turn off the heat and mix in chives.

Use as a topping on freshly steamed asparagus. John said, “This is the best thing that ever happened to asparagus.”





## FRANKLIN COUNTY QUILT SHOW WINNERS ANNOUNCED



(L-R) Mayor Tim Smith with Shirley Babcock in front of her quilt "Garden Party."

The Franklin County Quilters Guild hosted its 24<sup>th</sup> annual Franklin County Quilt Show at the St. Albans City Hall in early April. The quilt show was quite busy with many people traveling to see the eclipse and taking in the quilt show.

Mayor Tim Smith stopped by the quilt show Saturday to select his favorite quilt out of 110 entries for the Mayor's Award. Mayor Smith presented the award to Shirley Babcock of St. Albans, for her quilt, "Garden Party."

The vendors' awards and winners were: from CaDi Corners LLC, Ballston Spa, NY, "Fresh Cut Flowers" by Linda Wells of Spring Hill, FL, quilted by Louise Isabelle of Brooksville, FL; from Country Thyme Vermont, North Troy, "Seasons of Blue Sampler" by Shirley Babcock; from First Mate Quilting, Milton,

"Clarabelle the Cow" by Nancy LaPointe of St. Albans; from Gypsy Moth Quilt Shop, Topsham, "Garden Party" by Shirley Babcock; from Quilts of Valor Foundation Vermont Coordinator, Jacksonville, "Find the Birdie" by Laurretta Chalifoux of St. Albans, quilted by Bev Cook, Treasured Moments Quilting of St. Albans; and from Treasured Moments Quilting, St. Albans, "Winter Wolves" by Nanc Ekiert of Milton.

The sponsors' awards and winners were: from Platinum sponsor, Scott and Sharon Perry, Montgomery Center, "Nebula" by Teri Brunelle of St. Albans; from Silver sponsor, American Legion Green Mountain Post #1, St. Albans, "Purple Passion" by Shirley Babcock; from Silver sponsor, Handy Toyota, St. Albans, "Sapphire Blues" by Penny LaRochelle of Sheldon, quilted by Diane Comeau, CaDi Corners LLC; from Silver sponsor, Mill River Brewing, BBQ and Smokehouse, St. Albans, "My Magical Garden" by Teri Brunelle of St. Albans; from Silver sponsor, Frank and Helen Short, St. Albans, "Sapphire Blues" by Penny LaRochelle, quilted by Diane Comeau, CaDi Corners LLC; from Silver sponsor, The Eloquent Page, St. Albans, "Purple Passion" by Shirley Babcock; from Silver sponsor, Treasured Moments Quilting, "Garden Party" by Shirley Babcock; from Silver sponsor, VFW Post 758, Swanton, "Scrappy Batik" by Laurretta Chalifoux, quilted by Bev Cook, Treasured Moments Quilting; from Silver sponsor, Vietnam Veterans of America Chapter 753, St. Albans, "Deer in the Woods" by Natalie Good of St. Albans, quilted by Stonehurst Quilting, Colchester; and from Bronze sponsor, VFW Auxiliary Post 758, Swanton, "Dragonfly Dance" by Laurretta Chalifoux, quilted by Bev Cook, Treasured Moments Quilting.

The viewers' choice award winners were: Bed Quilt, first place, "Fresh Cut Flowers" by Linda Wells, second place, "My Magical Garden" by Teri Brunelle, third place, "Fridays with Claudia" by Nanc Ekiert; Lap Quilt, first place, "Seasons of Blue Sampler" by Shirley Babcock, second place, "Pumpkin Fest" by Peggy Paradee of Fairfield, quilted by Bev Cook, Treasured Moments Quilting, third place, "How Does My Garden Grow" by Helen Short, quilted by Diane Comeau, CaDi Corners LLC; Wall Quilt, first place, "Star Lit Garden" by Denise Chase of St. Albans, second place, "Clarabelle the Cow" by Nancy LaPointe, third place, "Bertie's Spring Wallhanging" by Teri Brunelle; Miniature Quilt, first place, "Springtime in Vermont" by Nanc Ekiert, second place, "Mini Me" by Claudia Moeykens of Milton, third place, "Scene on the L'Acadian Trail" by Helen Short; Challenge Quilt, first place, "Not My Dog" by Nanc Ekiert, second place, "Bird of Paradise" by Claudia Moeykens, third place, "Oh, Beautiful!" by Jean Anne Branch of Milton.

Finally, Stacie Scangas of St. Albans won the queen-sized 2024 Raffle Quilt, "Peaceful Pinwheels." Congratulations to all the winners at the quilt show!





**CALLING THE VIOLET**  
by Lucy Larcom

Dear Little Violet,  
Don't be afraid!  
Lift your blue eyes  
From the rock's mossy shade!  
All the birds call for you  
Out of the sky;  
May is here, waiting,  
And here, too, am I.

**FEATURED VIDEO TUTORIAL  
FOR MAY:**

[https://www.youtube.com/watch?v=uDTs8\\_3v2ds](https://www.youtube.com/watch?v=uDTs8_3v2ds)  
Tea & Cookies for Two May Placemats  
Shabby Fabrics



**LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT**

<http://www.barnquiltsouthernvermont.org/>

**NEWSLETTER IDEAS WANTED:** Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to [vtquilter@gmail.com](mailto:vtquilter@gmail.com), and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

**Deadline for articles for next newsletter:**

**Wednesday, May 29<sup>th</sup>, 2024**

Please email articles to Sharon Perry, to [vtquilter@gmail.com](mailto:vtquilter@gmail.com),  
or mail to PO Box 517, Montgomery Center VT 05471



*May is National Salad Month*



*"May is the month of expectation, the month of wishes,  
the month of hope." ~ Emily Brontë*