

Franklin County Quilters Guild

SUGARHOUSE GAZETTE

Saint Albans, Vermont

<http://www.franklincountyquilters.org>

franklincountyquilters@gmail.com



Volume 16, Issue 2
October 2023

President

Laurel Schaap

Vice President

Bonnie Evans

Secretary

Diane Kane

Treasurer

Deb Dusablon

Newsletter

Sharon Perry

Programs

Deb Trahan

Cathy Carlson

Project Coordinator

Lucie Fortin

Membership

Penny LaRoche

Quilt Show

Helen Short

Teri Brunelle

Website

Scott Perry

Comfort Quilts Coordinator

Denise Chase

2024 Raffle Quilt

Sharon Perry & Denise Chase

2024 Charity Quilt

Laurel Schaap & Gale Weld

President's Piece

Cultivating an attitude of gratitude. I realize that gratitude is usually a subject discussed in November, but it's been on my mind lately.

Cultivate. It involves work. Intent. If we were growing a plant, (which is what the word brings to mind,) we would water, fertilize, and prune the plant. If we apply that to an attitude, it still means being intentional. There are some folks who have a built-in positive attitude towards others, circumstances, and life in general. I wish I was one of those people. But for many of us, it's easy to see the bad side. We tend to criticize and take things personally, as though others are against us.

I know folks who keep gratitude journals. It encourages them to look for the good in others and in circumstances. It seems to me to be an excellent habit. I think it can influence your attitude if you are looking for something good in a situation. Maybe you don't like the colors someone has chosen for a quilt. You can still appreciate their skill. Maybe the guild meeting is on a subject in which you are not interested. You will still enjoy the fellowship.

There are many circumstances in life that are beyond our control. Make an effort to look for the good and it will affect your attitude and could even make you a happier person.

Piecefully,

Laurel Schaap, 2023-2024 President



2023 – 2024 Guild Calendar

September 20th Ice Cream Social
Brown Bag Exchange & Strip Poker
(Doors open at 5:30 pm; food at 6 pm)

October 13th Trunk Show
with Norma Ippolito

October 14th Quilting Workshop
with Norma Ippolito

November 15th Quilt Market Wrap-Up
with Tina de la Bruere, Owner of
Vermont Quilter's Schoolhouse

December 13th Potluck and Gift Exchange

2023 – 2024 Guild Calendar

January 17th What Makes A Quilter Tick
with David Sirota, Quilt Maven Dave

January 20th "No More Tears" Paper-
Piecing Workshop with David Sirota,
Quilt Maven Dave

February 21st Trunk Show with
Andrew Lee, The Combat Quilter

March 20th Spring Members' Demos

April 5th Quilt Show Set-Up

April 6th – 7th Quilt Show

2023 – 2024 Guild Calendar

April 19th MacDuff Bag and Jacket
Trunk Show with Janice Roy

April 20th MacDuff Bag Workshop
with Janice Roy

May 15th Pillow Talk Trunk Show
with Diane Comeau, CaDi Corners

May 18th Pillow Talk Workshop
with Diane Comeau, CaDi Corners

June 12th Trunk Sale

**Franklin County Quilters Guild
Wednesday, September 20, 2023**

The meeting was called to order at 6:45 pm by Laurel Schaap, President, who thanked the members for the successful Potluck.

The meeting was called to order at 6:03 PM by Laurel Schaap, President-elect, with an invitation to participate in the ice cream social.

Election of Officers for 2023-24:

- President – Laurel Schaap
- Vice President – Bonnie Evans
- Secretary – Diane Kane
- Treasurer – Deb Dusablon
- Programs – Deb Trahan and Cathy Carlson
- Projects – Lucie Fortin
- Membership – Penny LaRochelle
- Comfort Quilts – Denise Chase
- Sugarhouse Gazette – Sharon Perry

Motion to accept slate of officers made by Helen Short, 2nd by Sharon Perry. Discussion (none). Motion carried. Motion for Secretary to cast one ballot for the slate of officers as presented made by Deb Trahan, second Jean Ann Branch. Congratulations to the newly-elected guild officers and chairs!

Consent Agenda: Treasurer's report and Minutes of June 2023 meeting; a motion was made by Sharon Perry and 2nd by John Rouleau to accept both Treasurer's report and June meeting minutes. Discussion of correcting the levels of sponsorship for the Quilt Show: Silver from "\$100-299" to "\$100-199". A motion was made to accept the corrected minutes by Jean Ann Branch, 2nd by Sharon Perry. Motions carried.

Membership (Penny LaRochelle): Penny LaRochelle reported the guild has 44 paid members to date, with 4 new members present at tonight's (September 20th, 2023) meeting. A total of 39 members were in attendance.

Comfort Quilts (Denise Chase):

- There are many quilt kits available, some "sew kits," some "need quilting kits," and some kits that have cut fabric pieces that need to be sewn together. There is a need for at least one queen or a full quilt to be available for donation as the need arises. Large lap quilts are also needed.
- There are several organizations who accept our donated quilts, including Home Health (lap quilts), Welcome Home Project (queen, full, or twin) [Welcome Home is run by several churches for homeless people who are going into a house. They give kits that include household items such as mop, broom, and a quilt], Spectrum Youth & Family Services (we haven't had requests from Spectrum

lately), and Linus Project (we have given to the Linus Project when we have extra quilts to donate).

Quilt Show (Helen Short and Teri Brunelle):

- Helen showed off the new show banner that has our quilt guild logo and the 2024 dates (April 6th and 7th). It will be hung on the fence at the Peoples Trust Company in St. Albans.
- Fundraising for the Quilt Show: letters are ready to go out to area businesses to ask for donations toward our costs related to the Quilt Show (rental of City Hall, insurance, etc.) Helen Short handed out letters to members who have a personal connection with someone at the business and are willing to give the letter to a person at that business.
- Penny LaRochelle reported that there is one quilt registration for next year's show! Please read the FCQG newsletter online to see the quilt show meeting minutes. Quilt show registration form can be found [here](#).
- There is a need for a Quilt Show volunteer coordinator and a volunteer to decorate City Hall's lobby for the weekend of the Quilt Show.
- Sponsorship forms are available from Nanc Ekiert if anyone would like to be a sponsor of the show. Ribbons are available for the sponsors to award to a quilt of their choice at the show. The quilt show cards/brochures will have the sponsors' names listed.
- Sharon Perry reported that Common Threads Quilt Guild in Hyde Park, VT, has a storage shed with extra room. At Common Threads' next meeting (2nd Thursday in October), they will discuss whether the FCQG would be able to rent space in their storage unit for \$40/month at Sterling View in Hyde Park. We would be able to have all of our show supplies in one location. Vermont Quilt Festival may have horizontal poles to give us, although we would need to make or rent the stands and the uprights.
- Discussion about how the FCQG doesn't charge people to attend the annual Quilt Show, it's part of what the FCQG's founding members wanted, to make sure people have access to quilts and learn about quilt making. John Rouleau noted that this free admission to the annual show should be mentioned in the sponsorship letters.

2024 Raffle Quilt (Sharon Perry and Denise Chase):

This year's Raffle Quilt is being made by Denise Chase and Sharon Perry. The raffle quilt will be brought to a few events over the next 6 months by guild members, and raffle tickets will be sold.

2024 Charity Quilt (Laurel Schaap and Gale Weld):

- This year's Charity Raffle Quilt is made by Gale and Laurel. The recipient will be voted on at a future guild meeting. Enosburg Food Shelf will be writing a letter of interest and possibly The Meeting House on the Green in East Fairfield will submit a letter of interest.

September 20 Guild Meeting Minutes (Cont.)

- If a member knows of a non-profit who may be interested in submitting a letter to the guild to receive a quilt to raffle as a fundraiser (and has the capacity to fundraise a substantial amount of money for themselves), is welcome to bring in a letter from the non-profit.

Sugarhouse Gazette (Sharon Perry): The newsletter can be found online [here](#). Each newsletter comes out at least 2 weeks prior to each meeting. Items for the next newsletter are due to Sharon by September 27th.

23 in 2023 Challenge (Sharon Perry): Reminder to complete the form found in the newsletter of the 23 items you have/are completing in 2023. There will be a drawing of prizes for participants who turn in their forms to Sharon Perry at the end of 2023.

Block of the Month (Lucie Fortin): This year's project is a Block of the Month. Quilter Brita Nelson inspired Lucie with the Disappearing Four Patch pattern. If a member wants to share their quilt blocks at future meetings, use the colors yellow and blue. If you'd like to make your own quilt (keep the squares), you may use whatever colors you'd like. The directions can be found [here](#).

Program and workshop announcements for 2023-24 (Deb Trahan and Cathy Carlson):

- Deb briefly described this year's programs. Please see the list of the programs on page one of this newsletter under "2023-2024 Guild Calendar". More information for each program will be available in the newsletter each month.
- October's program is on Friday, October 13th: Trunk Show with Norma Ippolito. Saturday, October 14th is the ruler work quilting Workshop with Norma Ippolito.

New Business: John Rouleau has invited FCQG members and a "Plus One" to join John, his neighbors, and his friends at John's house for a little known holiday called Grody Day on Tuesday, October 10th, 6:30 PM - 8:30 PM (or so). Bring any grody (old) potholders to toss in the bonfire in his backyard and go home with a new potholder (personally made by John!).

Program (Deb Trahan):

- Brown Bag Mystery participants were invited to take home another member's brown bag. Items made with the fabric in the brown bags are due back at the March 2024 membership meeting.
- Members played "Strip Poker" AKA Left/Right/Center game with Christmas fabric strips played by all members. A special thanks to Denise Chase, Laurel Schaap and Deb Trahan for bringing extra fabric for those members who forgot their fabric!

Drawings:

- Cathy Carlson won the membership door prize.
- Krissy Kilburn won the comfort quilt door prize.

Adjournment motion made by Sharon Perry to adjourn meeting, second by Beth Brault. Motion carried, and the meeting adjourned at 8:30 PM.

Respectfully submitted,
Diane Kane, Secretary



*Confetti Carnival
By Norma Ippolito
VQF 2021 Governor's Award*

OCTOBER MEETING TO FEATURE AWARD-WINNING VERMONT QUILTER

Norma Ippolito, of Chester, will be the guest speaker for the October meeting. She will delight us with a

trunk show of her beautiful quilted creations, many of which are award-winning quilts. **As a note, the October meeting has been moved to Friday, October 13th and will be held at Holy Trinity Episcopal Church at 38 Grand Avenue in Swanton.**

The next day, Norma will lead a workshop on ruler work using a stationary/domestic sewing machine. Currently, the workshop is full. The workshop will also be held at the Holy Trinity Episcopal Church in Swanton.



IT'S THAT TIME OF YEAR AGAIN...MEMBERSHIP DUES!

September marks the start of a new membership year for the guild.

Here are the details for this year's membership dues:

- The FCQG 2023-2024 membership form can be found [here](#).
- Your completed membership form and your \$20 check, payable to FCQG, should be sent to Penny LaRoche. Penny's address is included on the membership form OR you can bring your form and check or cash to the October meeting.



TREASURER'S REPORT FOR OCTOBER 2023**FRANKLIN COUNTY QUILTERS GUILD****Treasurer's Report -- October 13, 2023**

Opening Balance	\$7,220.01
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Funds Collected

Membership

\$900.00

<i>Total Funds Collected</i>	<u>\$900.00</u>
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<i>Subtotal</i>	\$8,120.01
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Funds Paid Out

Helen Short, QS Banner

\$209.72

City of St. Albans, QS '24 Rent of Auditorium, Council Room

\$555.00

Helen Short, Oct Workshop refund

\$50.00

Helen Short, Sep Ice Cream social

\$32.97

<i>Total Funds Paid Out</i>	<u>\$847.69</u>
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Grand Total	\$7,272.32
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2023 YTD Collections: \$7,488.83

Respectfully submitted,
Deborah L. Dusablon, Treasurer

ATTENTION!!! ATTENTION!!! ATTENTION!!!

The guild's October meeting on Friday, October 13, will be held at the Holy Trinity Episcopal Church, 38 Grand Avenue, in Swanton. Please make note of this change in location for the meeting.

The workshop with Norma Ippolito, on Saturday, October 14, will also be held at the Holy Trinity Episcopal Church.

**For the October meeting only!!!**

BLOCK OF THE MONTH (BOM): DISAPPEARING 4-PATCH

Lucie Fortin is the project coordinator for this membership year, and she's bringing back the traditional Block of the Month (BOM) projects.

Each month Lucie will provide instructions for completing the BOM to include color choices. This month's BOM is the Disappearing 4-Patch in yellow and blue; instructions for the block can be found [here](#). Members are encouraged to make a block each month and turn it in for the BOM raffle the following month.

If you turn a block in, you get to enter your name in the BOM Drawing. You can make as many blocks as you want and enter your name a corresponding number of times. If you win all the blocks, they are yours to keep.

You can only win the blocks one time in a membership year which runs from September through June. If you win, you're asked to continue making the monthly BOM so the other winners have a similar number of blocks.



SUNSHINE CARDS FOR GUILD MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Diane Comeau, 802-310-1837. She will send out an appropriate card.



*Have you had your
mammogram yet?*



Cindy	Metayer	October	1
Mary Jane	Marchelewicz	October	3
Claudia	Moeykens	October	3
Natalie	Good	October	26

...and many more!!!





RECIPE CORNER

PUMPKIN CHARLOTTE

2 packages (3 ounces each) ladyfingers, split
6 ounces cream cheese, softened
2 tablespoons sugar
2¼ cups heavy whipping cream, divided
3 tablespoons confectioners' sugar, divided
1 cup cold 2% milk
2 packages (3.4 ounces each) instant vanilla pudding mix
½ teaspoon ground cinnamon
¼ teaspoon ground ginger
¼ teaspoon pumpkin pie spice
1 can (15 ounces) solid-pack pumpkin
Additional ground cinnamon

Arrange split ladyfingers on the bottom and upright around the sides of an ungreased 9-in. spring-form pan, trimming to fit if necessary. Set aside.

In a large bowl, beat cream cheese and sugar until smooth. In a small bowl, beat 1-¾ cups whipping cream and 2 tablespoons confectioners' sugar until stiff peaks form. Set ½ cup aside. Fold remaining whipped cream into cream cheese mixture. Spread into prepared pan.

In a bowl, combine the milk, pudding mixes and spices; beat on low speed for 1 minute. Add pumpkin; beat 1 minute longer. Fold in reserved whipped cream. Pour over cream cheese layer. Cover and refrigerate for 8 hours or overnight.

Just before serving, beat remaining cream and confectioners' sugar until stiff peaks form. Spoon over pumpkin layer. Sprinkle with cinnamon. Remove sides of pan. Refrigerate leftovers.

DARK CHOCOLATE PUMPKIN TRUFFLES

¾ cup reduced-fat cream cheese
½ cup confectioners' sugar
¾ cup canned pumpkin
1 teaspoon pumpkin pie spice
1 teaspoon vanilla extract
2¼ cups crushed reduced-fat graham crackers
1 package (10 ounces) dark chocolate chips

In a small bowl, beat cream cheese and confectioners' sugar until blended. Beat in pumpkin, pie spice and vanilla. Stir in cracker crumbs. Freeze, covered, 20 minutes or until firm enough to shape.

Shape pumpkin mixture into 1-in. balls; place on waxed paper-lined baking sheets. Freeze 20 minutes or until firm.

In a microwave, melt chocolate; stir until smooth. Dip truffles in chocolate; allow excess to drip off. Return to baking sheets; refrigerate until set. Store in airtight containers in the refrigerator.

SAUSAGE & RICE-STUFFED PUMPKINS

3 small pie pumpkins (about 2 pounds each)
½ pound bulk sweet Italian sausage
1 pound fresh mushrooms, chopped
2 medium onions, chopped
1 medium green pepper, chopped
2 garlic cloves, minced
4 cups cooked long grain rice
1 cup grated Parmesan cheese, divided
2 large eggs, lightly beaten
¼ cup minced fresh parsley
1 teaspoon salt
½ teaspoon dried thyme

Preheat oven to 450°. Cut a 3-in. circle around each pumpkin stem. Remove tops and set aside. Remove strings and seeds from pumpkins; discard seeds or save for roasting.

In a large skillet, cook sausage, vegetables and garlic over medium heat 6-8 minutes or until sausage is no longer pink, breaking up sausage into crumbles; drain. Remove from heat; stir in rice, ¾ cup cheese, eggs, parsley, salt and thyme.

Place pumpkins in a 15x10x1-in. baking pan; fill with rice mixture. Replace pumpkin tops. Bake 30 minutes.

Reduce oven setting to 350°. Bake 25-35 minutes longer or until pumpkin is tender when pierced with a knife and a thermometer inserted in filling reads 160°. Sprinkle remaining cheese over filling. Cut to serve.



It's Pumpkin Time!

OCTOBER

By Annette Wynne

Black and gold and red and brown,
Olive, pink, and blue,
What a riot of a gown—
What a medley hue!
What a way to go about—
Crimson cloak and vest!
October is a dancer
Dancing down the West.

FEATURED VIDEO TUTORIAL FOR OCTOBER:

<https://www.youtube.com/watch?v=7TrbzGJwQgQ>

Quatrefoil Quilt

Missouri Star Quilt Company

UPCOMING EVENTS

20th Annual Autumn on the Green, October 1st: 10:00 am – 4:00 pm. Features over 200 artisans, crafters, cottage industries and businesses amidst the spectacular views and color of autumn in Danville.

Quilting in the Land of Milk & Honey Quilt Show, October 7th & 8th: Saturday, 10:00 am – 5:00 p.m. Middlebury Recreation Center, 154 Creek Road, Middlebury. Admission is \$7.

Champlain Valley Craft Show & Antique Expo, Friday, October 20th – 22nd: Friday, Noon – 7:00 pm; Saturday, 10:00 am – 5:00 pm; Sunday, 10:00 am – 4:00 pm. At the Champlain Valley Expo, 105 Pearl Street, Essex Junction. Come and meet over 150 of the region's finest artisans.

LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT

<http://www.barnquiltsfornorthernvermont.org/>

NEWSLETTER IDEAS WANTED: Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to vtquilter@gmail.com, and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

Deadline for articles for next newsletter:

Wednesday, October 25th, 2023

Please email articles to Sharon Perry, to vtquilter@gmail.com,
or mail to PO Box 517, Montgomery Center VT 05471



October is National Cookie Month



"My favorite color is October" ~ Unknown